

# Where to get help - NSW



FAMILY VIOLENCE LAW HELP



**1800RESPECT**





If you are in immediate danger - call police on Triple Zero (000).

Domestic and family violence counselling - [1800 RESPECT](https://www.1800respect.org.au) (1800 737 732)

Translating and Interpreting Service - **131 450**

National Relay Service - **133 677**

[www.familyviolencelaw.gov.au](http://www.familyviolencelaw.gov.au)

Legal Services		
<a href="#">Family Advocacy and Support Service, Legal Service</a>	Legal help for people affected by domestic and family violence, with family law problems.	To get help, see <a href="#">here</a>
<a href="#">Legal Aid NSW</a>	Legal help with family, criminal and civil law problems.	Find your local Legal Aid Office <a href="#">here</a> or call <b>1300 888 529</b>
<a href="#">LawAccess NSW</a>	Legal help and referrals over the phone.	<b>1300 888 529</b>
<a href="#">Women's Legal Service NSW</a>	Legal help for women with family law, child protection and domestic and family violence. For full list of legal advice lines see <a href="#">here</a> .	Domestic Violence Legal Advice Line: <b>(02) 8745 6999</b> <b>1800 810 784 (rural)</b>
<a href="#">Community Legal Centres</a>	Legal help provided by not-for-profit community organisations.	Find your local Community Legal Centre <a href="#">here</a>
<a href="#">Solicitor Referral Service</a>	Referrals to private lawyers in your local area or language.	<b>(02) 9926 0300</b>
Aboriginal and Torres Strait Islander Legal Services  		
<a href="#">Indigenous Women's Legal Program, Women's Legal Service NSW</a>	Legal help for Aboriginal and Torres Strait Islander women with family law, child protection and family violence.	<b>1800 639 784</b>
<a href="#">National Family Violence Prevention Legal Services</a>	Legal help and support for Aboriginal and Torres Strait Islander people who have experienced family violence. Services in Moree, Bourke, Walgett, Broken Hill, Forbes and Kempsey.	Moree, Bourke and Walgett: <b>(02) 6752 1188</b> Broken Hill: <b>1800 812 800</b> Forbes: <b>1800 700 218</b> Kempsey: <b>(02) 6562 5856</b>
<a href="#">Wirringa Baiya Aboriginal Women's Legal Centre</a>	Legal help for Aboriginal women with family law, child protection and family violence.	<b>1800 686 587</b>
<a href="#">Aboriginal Legal Service</a>	Legal help for Aboriginal and Torres Strait Islander people.	Family law and child protection: <b>1800 733 233</b> Criminal matters: <b>1800 765 767</b>
Support at Court		
<a href="#">Family Advocacy and Support Service, Support Services</a>	Support, information, referrals and help with safety at court for people affected by domestic and family violence with family law problems.	Support service for women: <b>1800 11 FASS (1800 113 277)</b> Support service for men: <b>1300 00 FASS (1300 003 277)</b>
<a href="#">Women's Domestic Violence Court Advocacy Service</a>	Information, non-legal advocacy, court support and referrals for women affected by domestic and family violence.	<b>1800 WDVACS (1800 938 227)</b>
<a href="#">Victims and Witnesses of Crime Support Service</a>	Court support service for police witnesses and victims in Sydney, Parramatta, Newcastle and some other courts.	To get help see <a href="#">here</a>
<a href="#">Mission Australia Court Support Service</a>	Court support, information and advocacy for victims and witnesses of crime in the Greater Sydney Area.	<b>(02) 9356 0604</b>

Courts		
<a href="#">Family Law National Enquiry Centre</a>	General information about applying to the Family Courts, court procedures and your matter in court.	1300 352 000
NSW Courts Hotline	General information about court procedures and your matter in court. Most AVOs are dealt with in the Local Court.	1300 679 272
Counselling and Support		
<a href="#">1800 RESPECT</a>	Domestic and family violence counselling, information and referrals (24 hours, 7 days).	1800 RESPECT (1800 737 732)
<a href="#">Domestic Violence Line</a>	Domestic and family violence counselling, information and referrals including assistance with emergency accommodation (24 hours, 7 days).	1800 656 463
<a href="#">MensLine</a>	Phone support and referrals for men who have experienced or used domestic and family violence (24 hours, 7 days).	1300 789 978
<a href="#">Men's Referral Service</a>	Support and referrals for men including referrals to men's behaviour change programs. Information for women wanting help with a male partner or family member.	1300 766 491
<a href="#">Victims Services NSW</a>	Victims of crime may be eligible for financial assistance, a recognition payment and free face-to-face counselling through Victims Support.	1800 633 063 Aboriginal Contact Line: 1800 019 123
<a href="#">Family Relationships Advice Line</a>	Information about family relationship issues and parenting arrangements after separation. Referrals to local services that can help.	1800 050 321
Housing and Emergency Accommodation		
<a href="#">Domestic Violence Line</a>	Help with emergency housing for people affected by domestic and family violence (24 hours, 7 days).	1800 656 463
Link2Home	Referrals to homelessness services in NSW (24 hours, 7 days).	1800 152 152
<a href="#">Housing Contact Centre, Department of Housing</a>	Information about community and public housing, rental bond loans and applications.	1800 422 322
<a href="#">Staying Home Leaving Violence</a>	Support for victims of domestic and family violence including help with safety, home security, finances and case management.	See <a href="#">here</a>
<a href="#">Tenant's Advice Line</a>	Legal help for tenants living in public and private residential housing.	1800 251 101 or search for your Local Tenants Union <a href="#">here</a>
<a href="#">RSPCA Safe Beds for Pets</a>	Temporary help with caring for a pet while escaping domestic and family violence.	(02) 9782 4408
Sexual Assault Services		
<a href="#">Full Stop Australia</a>	Crisis phone counselling, referrals, help in reporting a sexual assault to police and preparing for court (24 hours, 7 days).	1800 385 578

Financial help		
<a href="#">Centrelink Social Worker</a>	Help with applying for a crisis payment and other benefits, short-term counselling and referrals.	132 850 or visit your local service centre
<a href="#">Victims Services NSW</a>	Victims of crime may be eligible for financial assistance, a recognition payment and free counselling through Victims Support.	1800 633 063 Aboriginal Contact Line: 1800 019 123
<a href="#">Child Support</a>	Information about and applications for child support.	131 272
<a href="#">Salvos Financial Assistance</a>	People affected by domestic and family violence may be eligible for emergency relief (food, travel, phone, bills, utilities, clothing, etc).	(02) 8775 7988 or find a Salvos Centre near you <a href="#">here</a>
<a href="#">National Debt Helpline</a>	Legal help and financial counselling about credit, banking, debt recovery and insurance.	1800 007 007
Banks	Some banks offer financial help to customers leaving domestic and family violence. If you're having trouble making repayments, all banks have financial hardship teams you can talk to.	CBA: 1800 222 387 NAB: 1800 701 599 ANZ: 13 13 14 Westpac: 1800 063 509
<a href="#">No Interest Loan Scheme</a>	People affected by domestic and family violence on low incomes may be eligible for safe, fair and affordable credit.	<a href="http://www.nils.com.au">www.nils.com.au</a>
<a href="#">Ask Izzy</a>	Find emergency relief in your local area	<a href="https://askizzy.org.au">https://askizzy.org.au</a>
<a href="#">Money Smart</a>	Get help managing money with free tools, tips and guidance	<a href="https://moneysmart.gov.au">https://moneysmart.gov.au</a>
Visa and Immigration		
<a href="#">Legal Aid NSW</a>	Legal help with immigration matters.	1300 888 529
<a href="#">Immigration Advice and Rights Centre</a>	Legal help with immigration matters.	(02) 8234 0700
<a href="#">Refugee Council of Australia</a>	Website with services that can help refugees and asylum seekers with immigration advice.	(02) 9211 9333
<a href="#">Solicitor Referral Service, Law Society NSW</a>	Referrals to private lawyers in your area or language.	(02) 9926 0300
Older Persons Services		
<a href="#">Ageing and Disability Abuse Helpline</a>	Information, support and referrals relating to elder abuse	1800 628 221
<a href="#">Seniors Rights Service</a>	Legal help for older persons, their attorney or guardian.	1800 424 079
<a href="#">Older Person's Advocacy Line</a>	Advocacy for people receiving aged care services, including people experiencing elder abuse.	1800 700 600
LGBTIQ+ Services 		
<a href="#">QLIFE</a>	Phone and internet counselling, support and referrals for LGBTIQ+ people and their families.	1800 184 527
<a href="#">Trans and Gender Diverse Legal Service</a>	Legal help for LGBTIQ people who have experienced domestic and family violence.	(02) 9332 1966

Disability Services		
<a href="#">Intellectual Disability Rights Service</a>	Advocacy for people with an intellectual disability with their legal matters.	1300 665 908
<a href="#">National Disability Advocacy Program</a>	Support and advocacy for people with a disability to promote and protect their rights and community participation.	Find a Disability Advocate near you <a href="#">here</a>
<a href="#">People with Disabilities Australia</a>	Information, support and referrals for people with a disability, their family, friends or supports.	1800 422 015
<a href="#">Multicultural Disability Advocacy Association</a>	Advocacy for people with a disability, including people from diverse backgrounds.	1800 629 072
<a href="#">National Disability Abuse and Neglect Hotline</a>	A confidential service to report abuse and neglect of people with disability. Reports can be made by family members, friends, service providers or a person with disability.	1800 880 052
Other Crisis Support		
<a href="#">Alcohol and Drug Information Service</a>	Alcohol and drug advice, crisis counselling, information and referrals.	1800 250 015
<a href="#">Gamble Aware Counselling Helpline</a>	Phone counselling and referrals for people affected by gambling (24 hours, 7 days).	1800 858 858
<a href="#">Mental Health Assistance Line</a>	Mental health support and referral service (24 hours, 7 days).	1800 011 511
<a href="#">Suicide Call Back Service</a>	Phone, video or online counselling for anyone affected by suicide (24 hours, 7 days).	1300 659 467
<a href="#">Lifeline</a>	Crisis and suicide prevention counselling (24 hours, 7 days).	13 11 14
Men's Behaviour Change Programs		
<p>Men's Behaviour Change Programs provide support, group work, individual counselling and case management for men who use violence and want to change. It can also include support for women and children.</p> <p>To get information and referrals to your local Men's Behaviour Change Program, call the <a href="#">Men's Referral Service</a> on 1300 766 491.</p>		

While we have tried to make the information here as up-to-date and accurate as possible, the law is complex and always changing. All legal problems are different. You should see a lawyer to get advice about your problem. Legal Aid NSW, National Legal Aid and the Commonwealth Attorney-General's Department are not liable for any errors or omissions, or for any loss or damage that arises from any person who relies on any information on this factsheet. This factsheet was developed in 2019.



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