## Where to get help - Victoria



If you are in immediate danger - call police on Triple Zero (000).

Domestic and family violence counselling - <u>1800 RESPECT</u> (1800 737 732)





Translating and Interpreting Service - 131 450

National Relay Service - 133 677

www.familyviolencelaw.gov.au

| Legal Services   |   |   |  |  |  |
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| Family Advocacy and Support Service, Legal Service       | Legal help for people who are affected by domestic and family violence, with family law problems.   | To get help, see www.familyviolencelaw.gov.au/fass                                    |  |  |  |
| Victoria Legal Aid                                       | Legal help with family, criminal and civil law problems.  | 1300 792 387  |  |  |  |
| Women's Legal Service Victoria                           | Legal help for women about family law, child protection and domestic and family violence.   | 1800 133 302  |  |  |  |
| Community Legal Centres                                  | Legal help provided by not-for-profit community organisations.  | Find your local<br>Community Legal Centre at<br>www.naclc.org.au/clc_directory.php    |  |  |  |
| Salvos Legal   | Legal help with family law, child protection, housing, debt and immigration matters.  | (03) 9313 2600  |  |  |  |
| Lawyer Legal Referral Service, Law Institute of Victoria | Online referrals to private lawyers in your local area or language.   | Find a private lawyer www.liv.asn.au/Referral   |  |  |  |
| Aboriginal and Torres Strait Is                          | Aboriginal and Torres Strait Islander Legal Services 🔼 🚾  |   |  |  |  |
| <u>Djirra</u>  | Legal help and support for Aboriginal and Torres<br>Strait Islander people who have experienced<br>domestic and family violence. Services in<br>Melbourne, Warrnambool, Gippsland and Mildura.  | 1800 105 303  |  |  |  |
| Victorian Aboriginal Legal Service                       | Legal help for Aboriginal and Torres Strait<br>Islander people. Services in Melbourne, Geelong,<br>Ballarat, Bairnsdale, Mildura, Heywood,<br>Shepparton, Morwell and Swan Hill.  | 1800 064 865  |  |  |  |
| Courts   |   |   |  |  |  |
| Family Law National Enquiry Centre                       | General information about applying to the Family Courts, court procedures and your matter in court.   | 1300 352 000  |  |  |  |
| Magistrates' Court Family Violence website               | Online information about family violence and court procedures in Family Violence Intervention Order matters. For information on Family Violence Intervention Orders see <a href="https://familyviolence.courts.vic.gov.au">https://familyviolence.courts.vic.gov.au</a> | To find your local Magistrate's Court see www.magistratescourt.vic.gov.au/contact- us |  |  |  |
| Children's Court of Victoria                             | General information about court procedures and your child protection matter in the Children's Court.  | (03) 8638 3300  |  |  |  |

| Support at Court                                      |  |  |
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| Family Advocacy and Support Service, Support Services | Support for people affected by domestic and family violence with family law problems. Includes referrals, information and help with safety at court.           | To get help, see www.familyviolencelaw.gov.au/fass                           |
| Court Network   | Information, support and referrals for people in the court system.   | 1800 267 671   |
| Family Law Pathways Network                           | Information and referrals for people in the Family Courts at Melbourne and Dandenong.  | For more information, see www.vicflpn.org.au                                 |
| Counselling and Support                               |  |  |
| 1800 RESPECT  | Domestic and family violence counselling, information and referrals (24 hours, 7 days).  | <b>1800 RESPECT</b> (1800 737 732)   |
| Safe Steps Family Violence Response Centre            | Domestic and family violence counselling, information and referrals including assistance with emergency accommodation (24 hours, 7 days).                      | 1800 015 188   |
| WIRE - Women's Information and Referral Exchange      | Information and referrals for women including about domestic and family violence.  | 1300 134 130   |
| MensLine  | Phone support and referrals for men who have experienced or used domestic and family violence (24 hours, 7 days).  | 1300 789 978   |
| Men's Referral Service                                | Support and referrals for men including referrals to men's behaviour change programs. Information for women wanting help with a male partner or family member. | 1300 766 491   |
| Victims of Crime Victoria                             | Information, support and referral for victims of crime. Victims may be eligible for financial support.   | 1800 819 817   |
| Housing and Emergency Acc                             | commodation  |  |
| Safe Steps Family Violence<br>Response Centre         | Help with emergency housing for people affected by domestic and family violence (24 hours, 7 days).  | 1800 015 188   |
| Crisis Accommodation                                  | Referrals to homelessness services across<br>Victoria<br>(24 hours, 7 days).   | 1800 825 955   |
| Tenant's help line                                    | Legal help for tenants living in public and private residential housing.   | Private rental: <b>(03) 9416 2577</b><br>Public housing: <b>1800 068 860</b> |
| <u>HousingVic</u>                                     | Information about community, public and social housing and applications.   | 1300 650 172   |
| Pets in Crisis  | Temporary help with caring for a pet while escaping domestic and family violence.  | 1800 015 188   |
| Sexual Assault Services                               |  |  |
| Sexual Assault Crisis Line                            | Crisis phone counselling, referrals, help in reporting a sexual assault to police and preparing for court (24 hours, 7 days).                                  | 1800 806 292   |
| Sexual Assault Reporting Anonymously                  | Website to report a sexual assault anonymously, information is passed on to police.  | www.sara.org.au  |

| Financial help  |  |   |
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| Centrelink Social Worker                                    | Help with applying for a crisis payment and other benefits, as well as short-term counselling and referrals.   | <b>132 850</b> or visit local service centre                              |
| Victims of Crime Victoria                                   | Information, support and referral for victims of crime. Victims may be eligible for financial support.   | 1800 819 817  |
| Child Support   | Information about and applications for child support.  | 131 272   |
| The Salvation Army  | People affected by domestic and family violence may be eligible for emergency relief (food, travel, phone, bills, utilities, clothing, etc).   | <b>13 SALVOS</b><br>(13 72 58)  |
| National Debt Helpline                                      | Legal help and financial counselling, including about credit, banking, debt recovery and insurance.  | 1800 007 007  |
| Banks   | Some banks offer financial help to existing customers leaving domestic and family violence. If you're having trouble making repayments, all banks have financial hardship teams you can talk to. | <u>Commonwealth Bank:</u><br>1800 222 387<br><u>NAB</u> : 1800 701 599    |
| No Interest Loan Scheme                                     | People affected by domestic and family violence on low incomes may be eligible for safe, fair and affordable credit.   | www.nils.com.au   |
| Visa and Immigration  |  |   |
| Victoria Legal Aid  | Legal help with immigration matters.   | 1300 792 387  |
| Refugee Legal   | Legal help with refugee and immigration matters.   | (03) 9413 0100  |
| InTouch Multicultural Centre against<br>Family Violence     | Legal help for migrants and refugees who have experienced domestic and family violence.  | 1800 755 988  |
| Refugee Council of Australia                                | Website with services that can help refugees and asylum seekers with immigration advice.   | Find a local service at<br>www.refugeecouncil.org.au/migration-<br>advice |
| Salvos Legal  | Legal help with refugee and immigration matters.   | (03) 9313 2600  |
| Lawyer Legal Referral Service, Law<br>Institute of Victoria | Online referrals to private lawyers in your local area or language.  | Find a private lawyer www.liv.asn.au/Referral                             |
| Older Persons Services                                      |  |   |
| Elder Abuse Helpline  | Information, support and referrals relating to elder abuse.  | 1300 368 821  |
| National Aged Care Advocacy Line                            | Advocacy for people receiving aged care services, including people experiencing elder abuse.   | 1800 700 600  |
| Relationships Australia Elder<br>Relationship Service       | Family counselling and mediation to help older people and their families to resolve family conflict, plan for the future and prevent elder abuse.  | 1300 364 277  |
| LGBTIQ+ Services ==   |  |   |
| QLIFE   | Phone and internet counselling, support and  | 1800 184 527  |

| Disability Services                              |  |   |
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| National Disability Advocacy Program             | Support and advocacy for people with a disability to promote and protect their rights and community participation.   | Find a Disability Advocate: <a href="https://disabilityadvocacyfinder.dss.gov.au/disability/ndap">https://disabilityadvocacyfinder.dss.gov.au/disability/ndap</a> |
| Disability Rights Information Service            | Information, support and referrals for people with a disability, their family, friends or supports.  | 1800 422 015  |
| National Disability Abuse and Neglect<br>Hotline | A confidential service to report abuse and neglect of people with disability. Reports can be made by family members, friends, service providers or a person with disability. | 1800 880 052  |
| Other Crisis Support                             |  |   |
| DirectLine (Alcohol and Drug Counselling)        | Alcohol and drug phone counselling, information and referrals (24 hours, 7 days).  | 1800 888 236  |
| Gambling Help                                    | Phone counselling and referrals for people affected by gambling (24 hours, 7 days).  | 1800 858 858  |
| SANE Helpline (Mental Health Support)            | Mental health support and referral service staffed by professionals.   | 1800 187 263  |
| Suicide Call Back Service                        | Phone, video or online counselling for anyone affected by suicide (24 hours, 7 days).  | 1300 659 467  |
| <u>Lifeline</u>                                  | Crisis and suicide prevention counselling (24 hours, 7 days).  | 13 11 14  |
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## Men's Behaviour Change Programs

Men's Behaviour Change Programs provide support, group work, individual counselling and case management for men who use violence and want to change. It can also include support for women and children.

To get information and referrals to your local Men's Behaviour Change Program, call the <u>Men's Referral Service</u> on 1300 766 491.

While we have tried to make the information here as up-to-date and accurate as possible, the law is complex and always changing. All legal problems are different. You should see a lawyer to get advice about your problem. Legal Aid NSW, National Legal Aid and the Commonwealth Attorney-General's Department are not liable for any errors or omissions, or for any loss or damage that arises from any person who relies on any information on this factsheet. This factsheet was developed in 2019.



