

Where to get help - Tasmania



FAMILY VIOLENCE LAW HELP



1800RESPECT



NATIONAL RELAY SERVICE



If you are in immediate danger - call police on Triple Zero (000).

Domestic and family violence counselling - [1800 RESPECT](https://www.1800respect.org.au) (1800 737 732)

Translating and Interpreting Service - **131 450**

National Relay Service - **133 677**

www.familyviolencelaw.gov.au

Legal Services		
Family Advocacy and Support Service, Legal Service	Legal help for people who are affected by domestic and family violence, with family law problems.	1800 431 157 For more information, see www.familyviolencelaw.gov.au/fass
Legal Aid Commission of Tasmania	Legal help with family, criminal and civil law problems.	1300 366 611
Women's Legal Service Tasmania	Legal help for women about family law and domestic and family violence.	Advice line: 1800 682 468
Community Legal Centres	Legal help provided by not-for-profit community organisations.	Find your local Community Legal Centre at www.naclc.org.au/clc_directory.php
Aboriginal and Torres Strait Islander Legal Services  		
Tasmanian Aboriginal Community Legal Service	Legal help for Aboriginal and Torres Strait Islander people.	1800 064 865
Courts		
Family Law National Enquiry Centre	General information about applying to the Family Courts, court procedures and your matter in court.	1300 352 000
Magistrates Court of Tasmania	General information about court procedures and your matter in the Magistrates Court. Most Family Violence and Restraint Orders as well as child protection matters are dealt with in the Magistrates Court.	Burnie: (03) 647 77140 Devonport: (03) 647 84353 Hobart: (03) 616 57136 Launceston: (03) 677 72945
Support at Court		
Family Advocacy and Support Service, Support Services	Support for people affected by domestic and family violence with family law problems. Includes referrals, information and help with safety at court.	1800 431 157 For more information, see www.familyviolencelaw.gov.au/fass
Court Support and Liaison Service	Information, assistance and referrals for people who have experienced domestic and family violence. Support for people with Family Violence and Restraint Order matters.	1300 663 773
Housing and Emergency Accommodation		
Family Violence Response and Referral Line	Help with emergency housing for people affected by domestic and family violence (24 hours, 7 days).	1800 633 937
Housing Connect	Referrals to homelessness services, applications for social housing and support and advice about private rentals.	1800 800 588
Tenant's Union of Tasmania	Legal help for tenants living in public and private residential housing.	1300 652 641
RSPCA Safe Beds for Pets	Temporary help with caring for a pet while escaping domestic and family violence.	(03) 6244 3033

Counselling and Support		
<u>1800 RESPECT</u>	Domestic and family violence counselling, information and referrals (24 hours, 7 days).	1800 RESPECT (1800 737 732)
<u>Family Violence Counselling and Support Service (Safe at Home)</u>	Domestic and family violence counselling for children, young people and adults. Can assist with emergency accommodation (24 hours, 7 days).	1800 608 122
<u>Engender Equality</u>	Domestic and family violence counselling, information and referrals.	(03) 6278 9090
<u>Safe Choices</u>	Support, information and referrals for children, young people and adults affected by domestic and family violence.	1800 806 189
Yemaya Women's Support Service	Domestic and family violence counselling for women in Launceston.	(03) 6334 0305
<u>MensLine</u>	Phone support and referrals for men who have experienced or used domestic and family violence (24 hours, 7 days).	1300 789 978
<u>Men's Referral Service</u>	Support and referrals for men including referrals to men's behaviour change programs. Information for women wanting help with a male partner or family member.	1300 766 491
<u>Victims Support Services Tasmania</u>	Information, support and referral for victims of crime. Victims may be eligible for financial support.	1300 663 773
<u>Family Relationships Advice Line</u>	Information about family relationship issues and parenting arrangements after separation. Referrals to local services that can help.	1800 050 321
Visa and Immigration		
<u>Migrant Resource Centre Tasmania</u>	Support, referrals and assistance with counselling or employment for people from migrant backgrounds.	(03) 6221 0999
<u>Refugee Council of Australia</u>	Website with services that can help refugees and asylum seekers with immigration advice.	Find a local service at www.refugeecouncil.org.au/migration-advice
Sexual Assault Services		
<u>Sexual Assault Support Service</u>	Crisis phone counselling, referrals, help in reporting a sexual assault to police and preparing for court (24 hours, 7 days).	1800 697 877
<u>Sexual Assault Reporting Anonymously</u>	Website to report a sexual assault anonymously, information is passed on to police.	www.sara.org.au
LGBTIQ+ Services 		
<u>QLIFE</u>	Phone and internet counselling, support and referrals for LGBTIQ+ people and their families.	1800 184 527

Financial help		
Centrelink Social Worker	Help with applying for a crisis payment and other benefits, as well as short-term counselling and referrals.	132 850 or visit local service centre
Victims Support Services Tasmania	Information, support and referral for victims of crime. Victims may be eligible for financial support.	1300 663 773
Child Support	Information about and applications for child support.	131 272
The Salvation Army	People affected by domestic and family violence may be eligible for emergency relief (food, travel, phone, bills, utilities, clothing, etc).	13 SALVOS (13 72 58)
National Debt Helpline	Legal help and financial counselling, including about credit, banking, debt recovery and insurance.	1800 007 007
Banks	Some banks offer financial help to existing customers leaving domestic and family violence. If you're having trouble making repayments, all banks have financial hardship teams you can talk to.	Commonwealth Bank : 1800 222 387 NAB : 1800 701 599
No Interest Loan Scheme	People affected by domestic and family violence on low incomes may be eligible for safe, fair and affordable credit.	www.nils.com.au
Older Persons Services		
Tasmanian Elder Abuse Helpline	Information, support and referrals relating to elder abuse.	1800 441 169
COTA, Legal Advice	Legal help for older people.	(03) 6231 3265
Elder Abuse team, Legal Aid Commission of Tasmania	Legal help about elder abuse.	1300 366 611
Relationships Australia Elder Relationship Service	Family counselling and mediation to help older people and their families to resolve family conflict, plan for the future and prevent elder abuse.	1300 364 277
National Aged Care Advocacy Line	Advocacy for people receiving aged care services, including people experiencing elder abuse.	1800 700 600
Disability Services		
National Disability Advocacy Program	Support and advocacy for people with a disability to promote and protect their rights and community participation.	Find a Disability Advocate using the online finder: https://disabilityadvocacyfinder.dss.gov.au/disability/ndap
Disability Rights Information Service	Information, support and referrals for people with a disability, their family, friends or supports.	1800 422 015
National Disability Abuse and Neglect Hotline	A confidential service to report abuse and neglect of people with disability. Reports can be made by family members, friends, service providers or a person with disability.	1800 880 052

Other Crisis Support		
Alcohol and Drug Information Service	Alcohol and drug advice, crisis counselling, information and referrals. (24 hours, 7 days)	1800 811 994
Gambling Help	Phone counselling and referrals for people affected by gambling (24 hours, 7 days).	1800 858 858
Mental Health Assistance Line	Mental health support, assessment and referrals.	1800 322 388
Suicide Call Back Service	Phone, video or online counselling for anyone affected by suicide (24 hours, 7 days).	1300 659 467
Lifeline	Crisis and suicide prevention counselling (24 hours, 7 days).	13 11 14
Men's Behaviour Change Programs		
<p>Men's Behaviour Change Programs provide support, group work, individual counselling and case management for men who use violence and want to change. It can also include support for women and children.</p> <p>To get information and referrals to your local Men's Behaviour Change Program, call the Men's Referral Service on 1300 766 491.</p> <p>You can also call Relationships Australia on 1300 364 277 for information about their program, Men Engaging New Strategies.</p>		

While we have tried to make the information here as up-to-date and accurate as possible, the law is complex and always changing. All legal problems are different. You should see a lawyer to get advice about your problem. Legal Aid NSW, National Legal Aid and the Commonwealth Attorney-General's Department are not liable for any errors or omissions, or for any loss or damage that arises from any person who relies on any information on this factsheet. This factsheet was developed in 2019.



Funded by the Australian Government



An Australian Government Initiative



National Legal Aid